

CONTENTS

1	INTRODUCTION
2	MOUNTAIN EXCURSIONS
3	Mountain Excursions Map
4	Jungfraujoch
5	Schilthorn
6	Harder Kulm
7	Grindelwald First
8	Schynige Platte
9	Brienzer Rothorn
10	ACTIVITIES & DESTINATIONS
11	Actvities Maps
13	Boat Cruises
15	Castles
16	Waterfalls
18	Gorges
19	Other Highlights
20	ADVENTURE ACTIVITIES
21	Paragliding, Skydiving, Hang Gliding, First Flyer
22	Canyoning, Rafting, Jet Boating, Canyon Swing
23	HIKING
20	Easy Hikes
25	Moderate Hikes
26	Challenging Hikes
27	Hiking Map 1 - Lauterbrunnen Valley
28	Hiking Map 2 - Grindelwald Region

29	WHERE TO STAY
30	Where To Stay Overview (Map
31	Travel Times
33	INTERLAKEN
34	 Highlights Nearby
36	 Highlights Map
37	 Accommodation
40	GRINDELWALD
4 1	 Highlights Nearby
43	 Highlights Map
44	 Accommodation
47	LAUTERBRUNNEN
48	 Highlights Nearby
50	 Highlights Map
51	 Accommodation
53	MÜRREN
54	 Highlights Nearby
56	 Highlights Map
57	 Accommodation
59	WENGEN
60	 Highlights Nearby
61	 Accommodation
63	ADDITIONAL RESOURCES

INTRODUCTION

Way back in 1981, I went on a three-month European road trip with my family. We drove from England to Greece, which was not a common thing to do back then. I was five years old then and don't remember much about that trip. I was too young. But one of the few things I do remember is the Jungfraujoch!

Perhaps it was that trip that planted the travel bug in me, which has seen me travel the world and live in various places. From Canada and Scotland to Spain and finally Switzerland.

I have lived in Switzerland since 2001 and visited almost every corner of this country. By train, on foot, or by campervan. There is virtually no part of Switzerland I do not know.

I have been to places like the Jungfrau Region repeatedly and explored them in detail. In this in-depth guide, I will share this detailed local knowledge with you.

This guide will show you all the area has to offer and more.

Organised in a way so you can find the things that matter to you the most!

Enjoy!

Ashley Faulkes Founder of SwitzerLanding

MOUNTAIN EXCURSIONS

ENJOY THE BEST VIEWS IN THE REGION

The Jungfrau Region is full of unforgettable mountain experiences. From the jaw-dropping heights of the Jungfraujoch and Schilthorn to the stunning views from Harder Kulm and Schynige Platte.

Below you will find more details on each mountain so that you can choose the right one for your Swiss adventure!





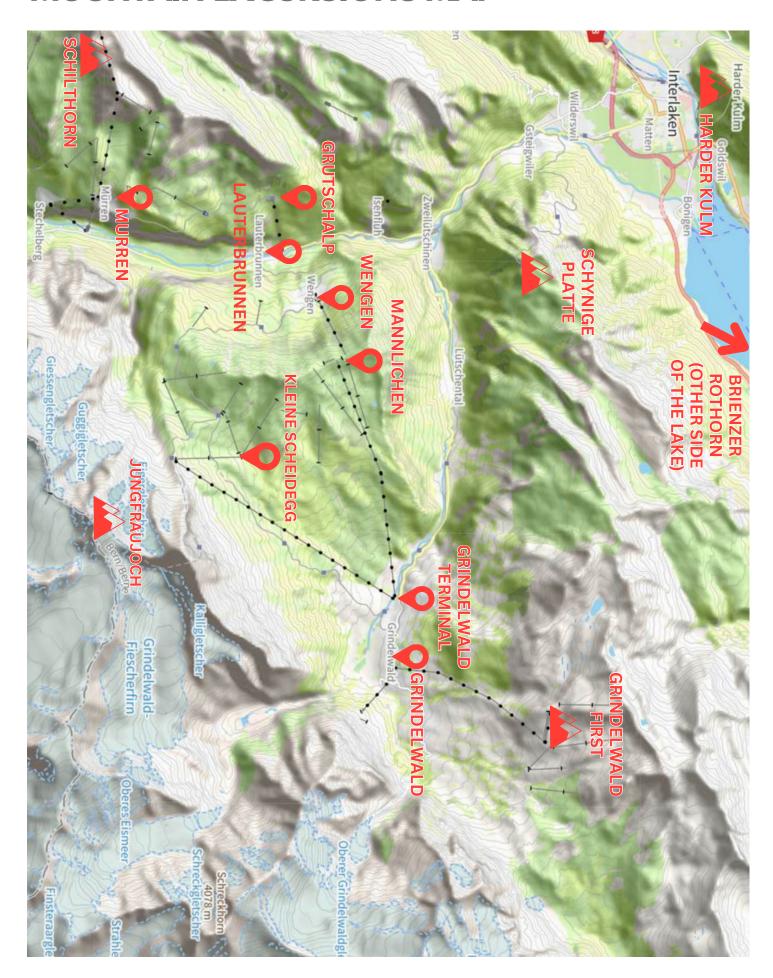








MOUNTAIN EXCURSIONS MAP





JUNGFRAUJOCH

TOP OF EUROPE

QUICK FACTS

Height: 3,463 m / 13,360 ft

Open: Year-round

Journey Start: Grindelwald, Lauterbrunnen

Average Cost: 200-250 CHF

Discounts: Swiss Travel Pass, Half Tax, Jungfrau Travel Pass, Berner

Oberland Travel Pass

A journey to the Jungfraujoch is a highlight for most people who come to Switzerland. Called the "Top of Europe", it is the highest train station on the continent and was a feat of engineering to create.

Not only do you get to experience true Swiss Alpine landscapes along the way, but you also pass right through the famous Eiger mountain and arrive at a viewpoint that showcases the longest glacier in Europe - the Aletsch Glacier.

Read more about the attractions and activities to do on the Jungfraujoch.