

JUNGFRAU REGION

TRAVEL AND ADVENTURE



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INTRODUCTION

Way back in 1981, I went on a three-month European road trip with my family. We drove from England to Greece, which was not a common thing to do back then. I was five years old then and don't remember much about that trip. I was too young. But one of the few things **I do remember is the Jungfrauoch!**

Perhaps it was that trip that planted the travel bug in me, which has seen me travel the world and live in various places. From Canada and Scotland to Spain and finally Switzerland.

I have lived in Switzerland since 2001 and visited almost every corner of this country. By train, on foot, or by campervan. There is virtually no part of Switzerland I do not know.

I have been to places like the Jungfrau Region repeatedly and explored them in detail. In this in-depth guide, I will share this detailed local knowledge with you.

This guide will show you all the area has to offer and more. Organised in a way so you can find the things that matter to you the most!

Enjoy!

Ashley Faulkes
Founder of SwitzerLanding

MOUNTAIN EXCURSIONS

ENJOY THE BEST VIEWS IN THE REGION

The Jungfrau Region is full of unforgettable mountain experiences. From the jaw-dropping heights of the Jungfrauoch and Schilthorn to the stunning views from Harder Kulm and Schynige Platte.

Below you will find more details on each mountain so that you can choose the right one for your Swiss adventure!

JUNGFRAUJOCH



SCHILTHORN



HARDER KULM



GRINDELWALD FIRST



SCHYNIGE PLATTE



BRIENZER ROTHORN



MOUNTAIN EXCURSIONS MAP





JUNGFRAUJOCH

TOP OF EUROPE

QUICK FACTS

Height: 3,463 m / 13,360 ft

Open: Year-round

Journey Start: Grindelwald, Lauterbrunnen

Average Cost: 200-250 CHF

Discounts: Swiss Travel Pass, Half Tax, Jungfrau Travel Pass, Berner Oberland Travel Pass

A journey to the Jungfrauoch is a highlight for most people who come to Switzerland. Called the “Top of Europe”, it is the highest train station on the continent and was a feat of engineering to create.

Not only do you get to experience true Swiss Alpine landscapes along the way, but you also pass right through the famous Eiger mountain and arrive at a viewpoint that showcases the longest glacier in Europe - the Aletsch Glacier.

[Read more](#) about the attractions and activities to do on the Jungfrauoch.